

HOLSTEIN ASSOCIATION

CJHA Virtual Interview Contest

Purpose:

Develop the ability to apply and interview for any opportunity or job and demonstrate skills needed in seeking career interests and or other opportunities.

Eligibility:

To be eligible to compete in the Virtual Interview Contest, the individual must be a Junior Member of the California Holstein Association.

The junior division is open to all youth ages 9 to 13 years old as of January 1, 2026.

Juniors apply for this mock scenario: You are competing to be awarded a trip to a dairy event anywhere in the world. Where would you go, and why?

Interviews will be no more than 15 minutes in length

The intermediate division is open to all youth ages 14 to 17 years old as of January 1, 2026. Intermediates apply for this mock scenario: You are competing to be hired for a summer job you'd like in the agriculture industry. Where is it and what would you be doing?

Interviews will be no more than 20 minutes in length

The senior division is open to all youth ages 18 to 20 years old as of January 1, 2026.

You are competing to earn a trip to a dairy event anywhere in the world and mini-internship working at the event. Where would you go, and why?

Interviews will be no more than 30 minutes in length

Procedures:

- Participants must email a cover letter and resume to caholsteinassoc@gmail.com on or 1. before January 5, 2026. Late entries will not be eligible.
 - Format: Last Name agedivision.pdf
- 2. Virtual interviews will be performed by a panel of three judges via Zoom on January **10th (and 11th if needed)**. Instructions will be provided via email when the interview is scheduled. California Junior Holstein Representatives or adult advisors will moderate the interviews.
- 3. All participants will receive feedback on their cover letter and resume and interview.

Contest results will be announced at the CA Junior Holstein meeting Friday morning, January 30. *In case of a tie, the participant with the highest interview score will rank higher. Prizes: CASH 1st \$100, 2nd \$75, 3rd \$50, 4th \$25

California Junior Holstein Virtual Resume & Interview Contest Interview Scorecard- 100 points

<u>Professionalism:</u>
Appearance/5
Is the youth member dressed appropriately for the interview scenario?
Setting/10
Has the applicant taken virtual interview considerations? Is the background professional and not
distracting? Is the lighting adequate? Is the audio good and clear of distracting background noise?
Speaking Ability/10
Does the youth member articulate their answers well? Are they professional and sincere?
Interaction & Engagement/10
Does the candidate ask questions back to the judges? Do they look at the camera/judges during the
interview? Was the candidate engaged throughout the whole interview? Were they prepared for the
interview?
Content:
Qualifications/20
Is the candidate qualified for the interview scenario? Do they articulate past experiences well?
Depth of Thought/20
Did the youth member answer the questions fully and thoughtfully?
0
General Impression/25
Does the candidate give a good overall impression? Did something about this candidate stand out?
How did they differentiate themselves?

California Junior Holstein Association Virtual Interview Contest

Appl	ant name

Cover Letter Scorecard

Layout and Appearance

	Yes	No	Points
Appearance/Style			
Is the cover letter visually appealing? Is the font size and			/2
style easy to read?			,-
Format			
Is proper cover letter formatting being used? Is it			
consistent throughout the cover letter?			/2
			/3

Content

	Yes	No	Points
Completeness/Length			
Is the cover letter complete, but not too long or too			/3
short?			
Professionalism			
Is your cover letter free of spelling errors and typos?			/5
Content			
Does the cover letter make a personal connection with all			
the relevant information for the job, scholarship, or trip the			/7
youth member is seeking?			/7
Stand-out Factor			
Does the cover letter draw you in and paint a clear picture			/5
of the person that makes them stand-out from the crowd?			
Will you remember the person after you have read 25			
cover letters?			

Cover Letter Total Points (25 Possible): _____

Resume Scorecard

Layout and Appearance

	Yes	No	Points
Appearance/Style			
Is the resume visually appealing? Is the font size and style			/10
easy to read?			710
Format			
Is proper resume formatting being used? Is it consistent			
throughout the resume?			
			/10

Content

	Yes	No	Points
Completeness/Length			
Is the resume complete, but not too long or too short?			/5
Professionalism			
Is the resume free of spelling errors and typos?			/10
Content			
Does the resume make a personal connection with all the			
relevant information for the job, scholarship, or trip the			/20
youth member is seeking?			/20
Use of Accomplishments			
Are one or more relevant accomplishments identified (and			/10
quantified) for each experience?			7 - 0
Stand-out Factor			
Does the resume draw you in and paint a clear picture of			/10
the person that makes them stand-out from the crowd?			, = 0
Will you remember the person after you have read 25			
resumes?			

Resume Total Points (75 Possible): _____